

Positive Alternatives 2016-17 Quarterly Update

Grantee: LIFECARE PREGNANCY CENTER OF THIEF RIVER FALLS

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Goal: To provide parenting education and services to pregnant and parenting women so as to bring about positive alternatives to abortion in Northwest Minnesota.

For the period: October 1, 2016 – December 31, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	<ul style="list-style-type: none"> - Executive Director to provide guidance to grant staff - Attend required grant meetings - Hire a new Client Services Coordinator 	0	<ul style="list-style-type: none"> - A new executive director was hired this quarter. Staffing needs are now complete, with one Executive Director, two Client Service Coordinators and one Office Manager. - The ED and one staff attended the regional grant meeting in October. 	0
Outreach	<ul style="list-style-type: none"> - Community Education & Contact Activities 	0	<ul style="list-style-type: none"> - During December the center held a Christmas Open House and invited the community. - A Meet & Greet Luncheon with community agencies & resources is being planned for next quarter. - 27 women were served at the Center during this quarter. 2 of these were referrals from a doctor, 2 found us on the internet, 1 was referred by WIC, 2 were referred by a family advocate, 14 were referred by a friend or relative, 4 were referred by other sources and 2 were unsure as to how they heard about us. 	27
Pregnancy Testing	<ul style="list-style-type: none"> - Provide pregnancy testing - Assessment for program eligibility - Pregnancy counseling 	12	<ul style="list-style-type: none"> - Eleven women come to the Center this quarter. These women suspected they were pregnant and were given a self-administered pregnancy test. All 11 were positive and 	11

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			were assessed for program eligibility. All 11 were enrolled in the EWYL program.	
Parenting Education	<ul style="list-style-type: none"> - Assist clients in accessing needed services - Provide referrals for clients needing other community resources - Enroll clients in program and assess client needs - Meet individually with clients to complete assignments 	25	<ul style="list-style-type: none"> - 27 clients were assessed for needed services this quarter. - 5 referrals were provided to other community resources. - 11 new clients were enrolled in the program this quarter, for a total of 27 enrolled. - 27 unique clients were enrolled and served in our EWYL Parenting Program. These clients received, together, a total of 108 individual classes. Topics covered in classes this quarter included Abuse, CPR/1st Aide, Exploring Options, Labor & Delivery, Mental & Emotional Abuse, Nutrition, Parenting, Pregnancy, Prenatal, Single Moms, Child Birth, Depression, Family, Marital, Physical Abuse, Pre-Marital, Relationship, Stress Management and Newborn. 	27
Case Management Services	<ul style="list-style-type: none"> - Provide on-going telephone and/or office appointment follow-up to clients testing positive for pregnancy - Assess client needs - Assist clients in accessing services 	50	<ul style="list-style-type: none"> - The Client Services Coordinators provided 131 office visits this quarter, in which they followed up with clients on needed services. The Client Services Coordinators also provided 38 clients with regular correspondence, via telephone calls, texts, messaging or mail services. - Client needs are continuously assessed during each appointment or conversation. - 2 referrals were given for child birth classes, 2 for housing, 4 for medical insurance, 1 for WIC, 1 for child care assistance, 2 for further parenting education, 3 for education and employment assistance, 3 for MN Workforce Center and 1 for social services. 	169

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Material Support	- Provide material assistance to women.	25	- Clients enrolled in the EWYL program have an opportunity to earn Baby Boutique items by attending classes. The Center had 79 visits to the Baby Boutique this quarter for material assistance. This assistance is given in the forms of baby items, such as diapers, wipes, clothing, cribs, etc.	79
Transportation	- Provide gas vouchers for clients who need them to attend classes.	5	- Six clients received a total of 28 \$5-gas vouchers this quarter to travel to the LifeCare Pregnancy Center. Two bus vouchers have been given out as well.	6 clients 28 gas vouchers
Parenting Education	- Provide 3 CPR and First Aid class sessions per year	2 clients per session, 6 total	- CPR was held on November 1, 2016. One client attended.	1
Nutrition	- A Certified Nutritionist provides 2 nutrition education sessions per year.	6 clients per session, 12 total	- A nutrition class is planned for next quarter.	0
Car Seat Program	- Provide car seat education in incentive program	2	One client watched an educational video in the EWYL program about car seat safety.	1
Life-Skills Education Program	- Provide assistance to clients with developing healthy relationships - Provide assistance with money management - Provide help with job assistance	4	- CSC assisted two clients with developing healthy relationships this quarter. - CSC made nine referrals to area resources that provide financial assistance, such as social services. - Three clients were referred to education and employment assistance three were referred to the Workforce Center this quarter.	2 9 3

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Crib Distribution/ Sleep Safety Education	<ul style="list-style-type: none"> - Provide safe sleep education - Provide crib through the EWYL program 	4	<ul style="list-style-type: none"> - Two clients received a crib this quarter. - Each client that receives a crib is provided with sleep safety education and informational materials before receiving the crib. 	2
Ultrasound	<ul style="list-style-type: none"> - Offer limited ultrasound services to abortion vulnerable women who are 7-14 weeks along in their pregnancy - Provide initial intake assessment and pregnancy counseling 	2	<ul style="list-style-type: none"> - Three ultrasounds were performed this quarter, along with the initial intake assessment and pregnancy counseling. 	3
Provide Necessary Services Assessment to All Clients	<ul style="list-style-type: none"> - Provide initial intake assessment to determine need - Provide women with information on, referral to and assistance with securing pregnancy support services - Utilize resource database to provide information and make referrals 	12	<ul style="list-style-type: none"> - The Center provided 11 initial intake assessments to determine need. - 19 outside referrals were made this quarter. - Center staff is making an effort to get to know staff from other agencies and resources. A Meet & Greet Luncheon is currently being planned for next quarter. The Center has invited staff from Violence Intervention Project to the Center as well, to train Center staff on Domestic Violence and Sexual Assault issues. A Nurse from Inter-County Nursing Services has stopped by the Center to introduce herself. The Executive Director has also reached out the Sex Trafficking Navigator for the region. - The Resource Database will be updated next quarter. 	11 19

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Provide Necessary Services Assessments to Clients Who Do Not Receive Any Other Grant-Funded Program Service	<ul style="list-style-type: none"> - Provide initial intake assessment to determine need - Provide women information on, referral to and assistance with securing pregnancy support services 	2	<ul style="list-style-type: none"> - The Center will see, from time to time, a woman who does not wish to be enrolled in the EWYL program. Center staff will still provide an assessment for necessary services and refer these women to any services or resources that will support their pregnancy. - The Center has no way of tracking how many assessments and referrals are provided for women not enrolled in our program at this time. 	

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	0
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	1
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	5
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	5
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	2
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	2

Challenges: The LifeCare Pregnancy Center now has three new staff – a new Executive Director, a new Client Services Coordinator and a new Office Manager. All staff are settling in to their positions and job roles. As with any new job/new staff, it takes some time to learn the job roles/duties and the best approach to working together as a team. The transition is going well!

The LifeCare Pregnancy Center has seen a slight increase in client intakes this quarter. This increase poses new challenges, such as “double booking” individual client lessons and where to find room for more than one client meeting. It has led to a bit of office rearranging, but the transition also seems to be going smoothly.

Comments: The Executive Director compiled this report, and noted that there are a few counts not currently listed in Ekyros, such as Car Seat Safety, Sleep Safety and Child Abuse/Neglect. The report does not pull these specific concepts. The Executive Director will need further education in Ekyros regarding tailoring reports for specific needs.